

**OUR ONGOING INIATIVES** 

A NEW SEASON: LETTING THE RAINS FALL BEHIND US

OUR 16 GRASSROOTS CENTRES

COACH THE COACHES: OUR NEWEST INITIATIVE

**ACT4GOA: ATTEND YOUR GRAM SABHA CAMPAIGN** 

**ADOPT-A-FIELD** 

**FORCAGOA BLOG** 

#### A New Season

While the monsoon may have started late and seemed gentle and mild at first, it has ended with a fury. It rained so heavily this last month, we had to cancel a few training sessions and events due to the poor weather. While we think the monsoon will soon be behind us, we are still experiencing intermittent showers.

The promise of the new season and an end to school exams is leaving everyone excited about getting all our various programs underway. This coming month we will be launching our baby leagues after a delay due to the weather and some delayed equipment. We have already launched our new nutrition program, and have plans to start our calendar of supplementary life workshops at the centers from next week onwards, as well as our calendar of pop up 4v4 festivals across the state.

The team has laid a strong foundation for the newly designed grassroots program and we are beyond excited to see it how our plans unfold over the next couple months.

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# **Our Grassroots Centres**

### **Parent Workshops**

We finished the rest of the parent workshops we had planned. These workshops let us connect with our wider community and bring them into our vision and goals for the new and improved grassroots program. These meetings also let us get important feedback from the parents to improve the program.

- 8 more workshops completed
- · With a total of 396 parents engaged



#### **Scholar Athlete**

In an effort to keep our grassroots program a well rounded one, we have launched a small scholarship program at all of our centers. At the end of each school year, the child that has done the best scholastically will receive a certificate and small stipend for proving to be both a dedicated athlete and student.

• It is our hope that this award will reassure the parents that academics are equally as important to us as it is to them.

### Volunteer Support

The young adults from our Youth Councils will be helping the coaches at our Grassroots Centers conduct the baby leagues we have scheduled as well as the life skills and educational workshops we have scheduled for the rest of the academic year.

- Two volunteers will be assigned to each center for the competition days on Fridays and Saturdays
- These same volunteers will also be asked to come and support the monthly workshops we have scheduled.



# Coach the Coaches Program

### **Monthly Workshops**

Every month we will be holding a development training with all of the coaches within our Grassroots Program

- The training will reaffirm what qualities a good coach should possess
- Aims to create a community of learning, in which the coaches can share their experiences and support one another
- Sometimes the training will be more theoretical and other times it will be practical as well



#### **Team Building**

Every month we will be organizing a coaches day out in which the coaches get to come together in friendly competition and play some pick up games.

- The Coaches had their first Futsal
   Tournament in September, the results of which can be read about on our Blog
- The next plan is to host a beach soccer tournament at the end of October
- The coaches also attended a Mass together to bless the new Team.



## **Creating Mentors**

The intention behind the Coach the Coaches Program is to create world-class coaches who help the children in our program to develop both on and off the field.

- Better Coaches Creates Better Players
- Coaches are sometimes the only stable adult in a child's life
- We want to provide the children in our centers the best possible training and holistic program possible





## Attend Your Gram Sabha

October is when the second Gram Sabha of political year is scheduled. Which means on one of the Sundays this month every Panchayat across the state will hold a village-wide meeting in which the various Village Committees will present on the needs of the village and submit proposals for ways in which to address all the issues their village faces.

The Gram Sabha is the main time in which every villager's voices count outside of basic elections. The villagers must vote on the proposals put forth by the various committees in order for them to be officially recognized by the Panchayat and submitted to receive funding for the same.

## **Mandatory Village Committees**

- Village Health, Sanitation, and Nutrition Committee
- Child Development Committee
- Waste Management Committee
- Road Safety and Traffic Management Committee
- Biodiversity Management Committee
- Village Development Committee

To find out more about the Gram Sabha and the various village committees mentioned above go to www.act4goa.com or check out our blog to get more detailed info about the purpose and responsibilities of each of these committees.

- To participate in our Attend your Gram Sabha Campaign please follow our postings on the Facebook event page.
- We will be posting the dates of the various Panchayats Gram Sabhas as and when they are scheduled.
- We are also requesting people who attend their Gram Sabha to take photos or video of the meeting and share with us their experience and the number of people who attended.
- This is a reoccurring campaign and we want to track awareness from one Gram Sabha to the next.

## Capacity Building is the Longterm Goal

# INTERNATIONAL COASTAL CLEANUP



Place: Caranzalem Beach Time: 4 - 6 pm #TeamUpToCleanUpGoa

#### FORÇAGOA.org

We tried to relaunch our responsible waste management programs with a clean up this past month in celebration of International Coastal Clean-Up Day. Sadly the day got completely rained out and we have had to reschedule the event to next month.

Fields of Dreams

#### **Blog Features**

**Behind the Game:** Meet ForcaGoa's Newest Coaches and hear all about their passion for the game.

Community In Focus: Follow the Aware
Citizens of Assagao series we will be unveiling
this coming month as a case study for how
active citizenship can lead to results. It
highlights why Attending your Gram Sabha is
so important.

**U17 World Cup**: We will be following the U17 World Cups results closing sharing everything exciting that's happening with the tournament.

# Adopt-A-Field Football fields act as our

Football fields act as our community centers. Space where we can mobilize people from all backgrounds and walks of life to celebrate the beautiful game we all love.

#### Parra Field

#### **Status Update:**

We have decided to take on the Parra Field as one of the fields we are piloting the Adopt-A-Field Program with.

For this field, we intend to do things a bit differently by turning it into a crowdfunding and fully community lead initiative. The filed will be maintained and kept for the community, thus it seems only natural that the community could be rallied together to help build this beautiful community center to the benefit of the whole village.

We will be trying to raise the funds for the fields by selling each bleacher seat for 1000 Rs. through our own crowdfunding campaign.

Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair.

~Nelson Mandela